

Myers-Briggs type Indicator (MBTI®) Step I, Form M

The Myers-Briggs Type Indicator® was developed by Isabel Briggs Myers and her mother, Katharine Cook Briggs. Their aim was to create a tool to indicate, validate, and put to practical use C.G. Jung's work on psychological types. Jung (1875-1961) was a Swiss psychiatrist whose book Psychological Types was an outgrowth of his efforts to understand individual differences among people.



Reported Type: ENFP				
Where you focus your attention	E	Extraversion People who prefer Extraversion tend to focus their attention on the outer world of people and things.	I	Introversion People who prefer Introversion tend to focus their attention on the inner world of ideas and impressions.
The way you take in information	S	Sensing People who prefer Sensing tend to take in information through the five senses and focus on the here and now.	N	Intuition People who prefer Intuition tend to take in information from patterns and the big picture and focus on future possibilities.
The way you make decisions	T	Thinking People who prefer Thinking tend to make decisions based primarily on logic and on objective analysis of cause and effect.	F	Feeling People who prefer Feeling tend to make decisions based primarily on values and on subjective evaluation of person-centered concerns.
How you deal with the outer world	J	Judging People who prefer Judging tend to like a planned and organized approach to life and prefer to have things settled.	P	Perceiving People who prefer Perceiving tend to like a flexible and spontaneous approach to life and prefer to keep their options open.

After more than 50 years of research and development, the current MBTI® Instrument is the most widely used instrument for understanding normal personality differences. Because it explains basic patterns in human functioning, the MBTI® Instrument is used for a wide variety of purposes including the following:

- Self-understanding and development
- Career development and exploration
- Organization development
- Team building
- Management and leadership training
- Problem solving
- Relationship counseling
- Education and curriculum development
- Academic counseling
- Diversity and multicultural training

The Myers-Briggs Type Indicator® Instrument is a self-report questionnaire designed to make Jung's theory of psychological types understandable and useful in everyday life. MBTI® Instrument results identify valuable differences between normal, healthy people, differences that can be the source of much misunderstanding and miscommunication.

Contact us now to schedule a keynote, workshop, or training class.